

IV International exchange of Students and Teachers 10-14.10.2022 „Regional dances in Silesia”

Buzau, Rumunia

Liceul Tehnologic Buzau

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Teachers and Students from 6 countries participating in the project



The role of dance in Silesia



Silesian dances

The variety of Silesian melodies is characterised by the contrast of slow and fast parts. This is a distinctive feature of Silesian dances.

The slow part, performed at a moderate tempo, often has the character of a walker. The second part, on the other hand, performed at a fast pace, with running or jumping, varied with clapping and nodding, turns into a lively, cheerful dance.



Silesian dances

A group of Silesian dances are play dances, among which we should mention such popular ones as owczarek, zajaczek, gołabek.

Their names are connected with the names of small animals, e.g. hare, pigeon. They can be performed to the accompaniment of songs.



**Song and Dance
Ensemble Silesians**

Silesian dance costumes

- corals, serdaczek, kerchiefs - purpurses for married women, festive caps. Men wore folk costume only on holidays. The outfit included a vest with colorful borders and tassels, a bruschetta, or sleeveless jacket, leatherocks, or pants made of light leather dyed yellow, and of course, to all this there was a white shirt.



Folk Silesian dance “Gołąbek”

**The Gołąbek is danced throughout Upper Silesia.
The melody of this dance consists of two parts, also
differentiated by movement.**

**The first part of the melody has a tempo slightly slower
than the second part.**



Folk Silesian dance “Owczarek”

Danced throughout Upper Silesia.
Metre 2/4, moderate tempo.



Folk dance “Trojak”

The most famous, most characteristic and most distinguished Silesian dance is of course the trojak, which in the post-war period rose almost to the rank of a national dance.

The trojak is a three-part dance characterised by a two-part melody (the first in 3/4 metre, the second in 2/4 metre) and a selection of dancers consisting of one boy and two girls - never the other way round.



Folk dance “Zajaczek”

This dance consists of jumping between two crossed sticks (or lines drawn on the floor, sometimes in a parallel or X-shaped pattern) placed on the ground, so as not to touch the sticks in increasingly fast jumps.



Interesting facts about Silesia

The Silesian Museum, established on the site of the former Katowice Coal Mine, is the closure of the Cultural Zone, which it constitutes together with one of the world's most modern concert halls - the exceptional NOSPR, the well-designed edifice of the International Conference Center and the Katowice Spodek



continuation...

Silesia is lucky in terms of great architectural projects and complex housing solutions. When talking about mining estates, tourists are most often referred to Nikiszowiec. This is because it represents the quintessence of what a good turn-of-the-century mining estate should be. The red brick buildings are enclosed in quarters with space for greenery, benches and tables.





Thank you for your attention!

Title: History of Regional Dance in Silesia

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